CO-ED SAND VOLLEYBALL LEAGUE RULES

Under the Supervision of the Canton Joint Recreation District
Revised 2014

THE UNITED STATES VOLLEYBALL ASSOCIATION RULES ARE TO BE FOLLOWED WITH THE FOLLOWING EXCEPTIONS

1. There shall be three (3) games played by each team as scheduled. The first team to score twenty-five (25) points shall be declared the winner of that game. The winning team must have an advantage of at least two (2) points. Each game has a ceiling score of twenty-seven (27), meaning a team can win 27 to 26.
2. A team shall consist of six (6) players on the court. Twelve (12) maximum per roster. If five (5) players are present, at least three (3) must be women. A team may play with four (4) but at least two (2) must be women. Failure to have at least four (4) players at game time and at fifteen (15) minutes thereafter will result in forfeiture of each game. Should both teams fail to have at least four (4) players, the match will be declared a double forfeiture and both teams will receive 3 losses. ***(Teams are not to consistently play with less than 6 players.)***
3. Teams are to change courts after each game. At the start of a new game, players may be arranged in any position desired as long as the rotation remains in an alternating man/woman rotation.
4. Flip a coin for choice of serve/receive for first game. After first game, losing team shall have choice of serve/receive.
5. Ball touching the net on a serve is a playable ball.
6. Ball touching any boundary line is considered "in".
7. A ball going out of bounds must hit the ground or object in out-of-bounds territory before being touched by a player; otherwise, ball is in play.
8. After team first serving has lost its serve, their opponents rotate clockwise before serving.
9. Service must be from behind the end line. Both feet must be behind the line until the ball is struck.
10. A received ball must be handled cleanly. It may not be lifted, thrown, caught, roll or come to rest on any part of the body, as determined by referee. A served ball must be properly received as per U.S. Rules. "Sand Digs" are permitted.
11. Double hits are permitted on any **first ball** coming across net. The ball cannot roll or come to rest on any part of the body. Ball may be played on or below the waist as per rule.
12. Ball must be returned over the net in a maximum of three (3) hits. Female need not touch the ball before it is returned.
13. If two (2) women are in the front row, a male player may come from the back row to BLOCK ONLY.
14. If you start with less than six (6), and another player(s) come late, you have the option of inserting them into the servers position or not playing them.
15. A ball may be recovered from the net if the player avoids touching the net.
16. NO spiking with both hands in front row; and **NO "POWER DINKS".**
17. Blocking or attacking a serve is **NOT PERMITTED**.
18. SUBSTITUTION….. is unlimited during a dead ball or time out, however, there may only be a maximum of two (2) players participating in any one position in the service order. (Except in the event of injury.) The original player and his/her substitute cannot be in the line-up at the same time; unless subs enter at the servers position. Teams may rotate in at the servers position.
19. Lights are timed to turn off at 11:00 p.m. The team ahead at that time will be declared the winner. *Lights can be turned on by pushing the button on the South fence*.
20. Have your team show up at the courts to decide rainouts.
21. ***Players CANNOT be on two rosters where the teams play on the same night.***

NOTE: ***WAIT HALF AN HOUR BEFORE CANCELING MATCH BECAUSE OF RAIN***